

**REPUBLIC OF KENYA**  
**THE JUDICIARY**  
**SPORTS DISPUTE TRIBUNAL**  
**ADAK CASE NO. E007 OF 2024**  
**IN THE MATTER OF SPORTS ACT NO. 5 OF 2013 LAWS OF KENYA**  
**IN THE MATTER OF ANTI-DOPING ACT NO. 5 OF 2016 LAWS OF KENYA**  
**IN THE MATTER OF ADAK ANTI-DOPING RULES OF KENYA**  
**WORLD ANTI-DOPING CODE 2021**  
**IN THE MATTER OF INTERNATIONAL ATHLETICS FEDERATION RULES**  
**IN THE MATTER OF ARBITRATION OF SPORTS DISPUTES**

ANTI-DOPING AGENCY OF KENYA (ADAK) ..... APPLICANT

VERSUS

ALEX KIPROP LAGAT .....RESPONDENT

**CONSENT**

Kindly record the following consent order:-

“By consent, of Alex Kiprop Lagat the Respondent and Anti-Doping Agency of Kenya, it is agreed as follows:-

1. THAT the Respondent accepts the Charges as drawn in the Notice of Charge dated 6<sup>th</sup> December 2023.
2. THAT the Respondent admits having ingested *S9. Glucocorticoids triamcinolone acetonide*.
3. THAT the applicable period of ineligibility shall be three (3) years.
4. THAT the Respondent accepts the period of ineligibility shall commence on 26<sup>th</sup> December 2023 to 25<sup>th</sup> December 2026.
5. THAT the Respondent undertakes to respect the period of ineligibility.
6. THAT the Respondent’s any and/or all competitive results from date of sample collection being 3<sup>rd</sup> September 2023 are hereby disqualified with all resulting consequences including forfeiture of any medal, points and prizes.
7. THAT Each party shall bear its own costs.

DATED at NAIROBI this .....14<sup>TH</sup> .....day of .....FEBRUARY.....2024



.....  
**Alex Kiprop Lagat**  
**Athlete/Respondent**

**BILDAD ROGONCHO**  
**ADVOCATE &**  
Commissioner for oaths  
P. O. Box 76986-00620, NAIROBI.

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**Bildad Rogoncho**  
**Advocate for the Applicant**